

THE COMPLETE GUIDE TO COMPREHENSIVE DENTISTRY

(AKA Whole-Health Dentistry)



DR. JON KIM & DR. MISTY CERVANTES-KIM:
ELLIOT BAY'S PREMIER COMPREHENSIVE DENTISTS

WHY COMPREHENSIVE?

We are not mechanical beings in need of replaced parts. Humans are the most expressive of all living creatures because we are full of personality, emotions, experiences, memories and aspirations. Therefore, we cannot treat “parts” of you; **we must treat “all of you”.**



WHAT IS COMPREHENSIVE DENTISTRY?

A comprehensive or whole-health approach to dentistry involves more than just your teeth; it involves taking into account **how the health of your smile affects the rest of your body**, along with everything about you and your unique personal characteristics.

Comprehensive dentistry requires a dentist with thousands of hours of training and experience to be able to create a smile that harmonizes with your health goals & personal aspirations.



Dr. John Kim & Dr. Misty Cervantes-Kim are skilled in the following dental treatments:

- Crowns
 - Dental Implants
 - Bridges & Dentures
 - Inlays and Onlays
 - Metal-Free Fillings
 - Smile Design
 - Porcelain Veneers
 - Bonding
 - Teeth Whitening
 - And More!
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HOW DOES IT WORK?

A comprehensive dentist will plan out an entire in-office treatment plan for you according to your needs. For the most part, you will not need to travel to a specialist. **Our doctors are trained to accommodate your needs right in our office.**



1. TREATMENT PLANNING

We start with a one-on-one evaluation of your oral health. We use a small, unobtrusive technology to take pictures of your smile and scan your teeth and gums. We will be able to show you the 3D digital images on a big screen.

- ✓ We'll go over what problems concern you.
- ✓ Tell us what you would like to see improved, fixed or removed.
- ✓ Receive specialty examination of each aspect and detail.
- ✓ We'll draft treatment plans and options according to your needs.
- ✓ You'll see a computer generated predicted result of your new smile.



2. REBUILDING A HEALTHY FOUNDATION

Everyone's needs are unique, but no matter what, **there is always a solution.** Solutions can range from simple crowns and fillings for minor chips and cracks, to extractions, to periodontal surgery to treat your gums.



3. COSMETIC ENHANCEMENTS

This is where we really make you shine. Your options range from teeth whitening, porcelain crowns or veneers for a beautifully attractive shape and shimmer, to perfectly natural-looking implants and gum contouring performed with digital-age smile design technology.

IS THIS KIND OF DENTISTRY RIGHT FOR ME?

Everyone deserves to be a candidate for comprehensive dentistry. A comprehensive approach to dentistry not only corrects the most involved cases, but it also promotes healthy smiles for life.

COMPREHENSIVE DENTISTRY CORRECTS:

- ✓ Extreme tooth loss from decay.
- ✓ Breakdown of tooth and gum tissue.
- ✓ Years of neglect and damage.
- ✓ Diseased and unattractive gums.
- ✓ Weakened or destroyed jawbone structure.
- ✓ Crooked and misaligned smiles.
- ✓ Excruciating pain when chewing .
- ✓ Overwhelming embarrassment when speaking.

WHEN TO START?

Prevent hardships and bigger expenses by acting now. Waiting only allows for further deterioration of your dental conditions. Continuation of decay, structural breakdown of teeth, loss of bone structure from uncontrolled periodontal disease, all of these problems can be prevented with our help!

OUR COMPREHENSIVE DENTIST'S PROMISE

Our doctors won't bounce you around to different dental offices since we have everything we could ever need right here: the most advanced skills dentistry has to offer, state-of-the-art technology, pampering spa-comforts and safe sedation methods.



“Modern, high tech and so kind! I saw Dr. Misty as a referral from my orthodontist. I was amazed from the moment I stepped through the door. I felt so welcomed! My appointment was great, I am so pleased to have such a great dentist!” – T T. (Actual Patient)

THERE'S A SOLUTION FOR EVERYONE—INCLUDING YOU.

At Elliot Bay Dental, we'll make sure every part of your smile functions properly and harmonizes with your facial features and your personality.

Learn more about our
cosmetic solutions.

**COMPREHENSIVE
TREATMENTS**

Contact us to schedule your
comprehensive consultation.

**SEND US
A MESSAGE**



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